

# **How to enjoy bad relationships**

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## How to enjoy bad relationships

This book is dedicated to Magda, Tessa, Judy and all of the rest of you.

Hope the bad times have been forgotten, and the gloriously good times – and there were definitely those – have been remembered.

Sorry about my

moodiness

insensitivity

weird and oft probably disgusting personal habits

lack of judgment.

As this book shows, all of that suffering and bother wasn't in vain.

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# Chapter 1

## Why you need this book

Because the odds are very high that you are in bad relationship right now, and that you are not enjoying it.

Two reasons why I can make this statement in perfect confidence.

1) Because as a sentient and social being I am constantly exposed to the RTs – relationship talkathons – of my friends, family members, total strangers (don't you love mobile telephones?).

And the RTs of talk show and chat rooms.

All of these RTs boil down to three things.

What he or she is doing, why it is so bad, and how to get him or her to stop doing it.

2) Because of the plethora of books on how to have good relationships.

As a matter of fact, as far as I can see, these may be the only reason why the publishing sector is still in existence, along, of course, “how to stay fat” manuals (you didn't really think that those books were designed to slim you down, did

you? If so, get ready for my next book: “How to enjoy dieting”. Place your orders here. I am also preparing – I may be on to something - “How to enjoy teenagers” and “How to enjoy aging” and “How to enjoy financial crises”™

Take a second to think it over logically.

If these books were working, they would soon make themselves extinct.

Instead, as their ever-growing numbers detail, they don't do any good at all.

But it's not their fault. And that's because human beings are doomed to have bad relationships.

And I don't have to tell you why that is so, do I? Come on, let's be honest with each other.

We are not the stuff of Romeo and Juliet or Héloïse and Abelard or the guy who was kissed by rose on a grave.

We –and this definitely means you, dear reader - are nothing more than a rabble of horny, greedy, self-centered, fickle, lying, rationalizing (anything I forgot?) opportunists.

So that means we are going to have horny, greedy and self-centered relationships.

Bad ones.

This book will do something incredibly valuable for you.

It will tell you how to actually enjoy these relationships.

It will minimize your exposure to embarrassing scenes, unsettling discoveries, hacked E-mails and bank accounts and expensive lawsuits.

It will enable you to enjoy the bright sides of being in a depressing and nasty relationship.

Now, if that hasn't gotten your attention, I don't know what will.

Of course, if you are a psychiatrist, lawyer, pharmacist, physiotherapist or undertaker, you have long appreciated the financial upsides of bad relationships.